



## Chronic Disease Screening

**Chronic Disease Screening** detects risk for disease that causes heart attacks, stroke and other serious conditions. Life Line Screening's ultrasound technology helps determine your risk for stroke and other chronic health conditions by looking inside arteries for plaque buildup (atherosclerosis), a major risk factor for stroke.

### Facts You Need to Know

- For 4 out of 5 people who have a stroke, their first symptom is a stroke.<sup>1</sup>
- 80% of strokes and heart disease can be prevented.<sup>2</sup>
- Ultrasound screenings can identify risk for stroke, heart attacks, and aneurysms.
- Screenings are non-invasive, painless, affordable and convenient.

Preventive screenings are important because they identify early risk for disease. Waiting until you already have symptoms can mean waiting too long.

### What's Included in This Package

Recommended for anyone over 50 or age 40+ with the following risk factors: smoking, obesity, high blood pressure, diabetes, high cholesterol, or family history of stroke or heart disease.

#### Carotid Artery Screening (Plaque)

Ultrasound evaluation of the carotid arteries that screens for buildup of fatty plaque - a leading cause of strokes.

#### Heart Rhythm Screening (Atrial Fibrillation)

A quick and easy test using EKG electrodes placed on the arms and legs to identify the presence or absence of an irregular heartbeat. **Atrial Fibrillation** increases the risk of stroke 5 times.

#### Abdominal Aortic Aneurysm Screening

Ultrasound is used to screen for the presence of an aneurysm (enlargement) in the abdominal aorta that could lead to a ruptured aorta

#### Peripheral Arterial Disease Screening

Evaluates for peripheral arterial disease (plaque buildup) in the lower extremities. Patients with PAD (peripheral arterial disease) are 3 to 6 times more likely to have a heart attack or stroke.

#### Osteoporosis Risk Assessment

An ultrasound measurement of the shin bone to determine abnormal bone mass density in men and women. Osteoporosis is painless and silent in its early stages.

**Plaque buildup in the arteries can lead to heart disease, aneurysm and vascular disease.**



A normal artery allows blood to flow through easily.

As you age, arteries can become partially blocked.

Plaque buildup reduces your blood flow and can be dangerous if left untreated.

**Screening service is at NO COST for Allegany County women.**

\*Women residing outside of Allegany County will be placed on a waiting list\*

**3/13/19 American legion;** 23 Jefferson St. Wellsville, NY 14895

**3/14/19 Cuba VFW Post #2721;** Route 305 North, Cuba, NY 14727

**3/15/19 Fillmore Fire Hall;** 20 South Genesee St (Rt 19) Fillmore, NY 14735

**Preregistration is REQUIRED  
CONTACT Allegany County  
Department of Health  
at 268-9491 (ask for Breeyan)  
to make your  
APPOINTMENT**

### Life Line Screening Has Screened Nearly 8 Million People Since 1993

- We screen 650,000 people per year at 15,000 community events held in churches and community centers, making screenings convenient and affordable.
- We partner with over 60 hospital systems and are recommended by many physicians to help identify people at risk for cardiovascular disease.
- Our ultrasound technologists go through rigorous quality assurance training and all screening results are read by a Board-Certified licensed physician.

**These lifesaving screening events are being offered through funding from New York State Senator Catharine Young's Office and co-sponsored by Allegany County Department of Health.**

<sup>1</sup>strokeassociation.org, <sup>2</sup>American Heart Association [www.heart.org](http://www.heart.org).